

Kata-Bunkai-Seminar

Shihan Vince Morris

9. DAN Kissaki Kai Karate



Kata Chinte „Unusual hands“, often denigrated as „Kata for women“, teaches us what Karate is all about:

Successful self-defense of a smaller and weaker defender against a superior (stronger, larger & bigger) opponent.



Samstag, 24. Oktober 2020

Real self-defense techniques of Kata

Chinte

all styles, all gradings, minimum age 14 years

Where:

Town gym Bebra,
Auestraße 12, 36179 Bebra

Beginn:

10:00 hrs

Ende:

16:00 Uhr

Fee:

30 Euro

Info:

Seminar language: Englisch,

during the breaks we'll offer food & beverages,
the seminar is limited to 70 persons, so please feel free
to register via email:

info@karate-verein-bebra.de



Additional Information: www.karate-verein-bebra.de

! The host won't take responsibility for any physical damage to the participants or loss/damage of property !