



**Kissaki-Kai
Karate-Do**

Newsletter

March 2018

Looking for Self-Defense Classes?



Many people in this uncertain world, are looking for classes - either for themselves, or for their children - perhaps even both - which will provide them with some training in simple but effective techniques which could help them if they ever get into such a desperate situation.

The problem is that many will be unaware of then big difference between self-defense classes and martial arts training per se.

Yes - we know that karate, for example, was originally conceived as a defensive system, but long ago was changed into a rule-based sport.

I have spoken often that the realization of this was one of the main motivating factors which led to the development of Kissaki-Kai.

Without going too far into details now, the essential thing to remember is that. As Okinawa Karate Master Kuda Tomosada explained: The difference between the original protection art - Karate-Jutsu and the modern art of Karate-Do is that the -Jutsu form was a complete fighting system encompassing throwing, choking, joint locks as well as striking



techniques, and even the use of weapons.

In contrast, the modern system centers on teaching physical skills and philosophical values through rule-bound competition with all the dangerous skills omitted.



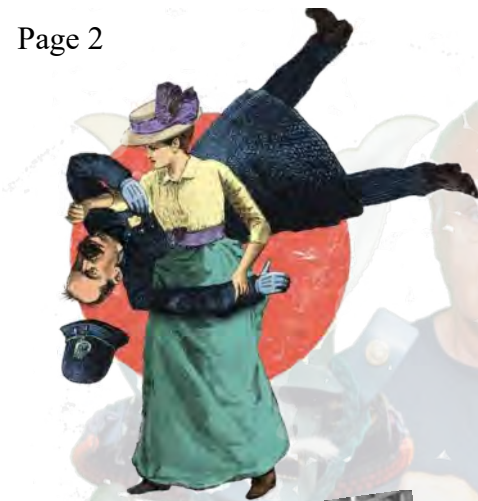
The original art was indeed a very effective self-defense system, and within it everything was considered legitimate - even to using lethal force if necessary. A far cry to the training provided in most Dojo today!

There is also the matter of the time scale to consider.

Mastering any Martial Art takes time, a long time! It will be years before a student could be considered truly proficient, and this in an art no longer teaching the variety of defensive methods of the original - Jutsu form. You don't have this time to wait!

What makes Kissaki-Kai different is the constant application of the **'Rules of Combat'** to all methods of defending against an attack. Developed over many years of research and Police Training, these 'Rules' can make the difference in surviving an attack!

This new Double DVD set expands and enlarges upon the original DVD and is an indispensable resource for all martial artists who really want to develop unbeatable defenses! Now available on its own or as part of a set with the Book and 1st DVD!
www.kissakikarate.com/shop.htm



Most people seeking training in Self-Defense don't have years to spend in becoming proficient, they want, for themselves or their family members, a fairly quick course, comprising a series of classes aimed squarely at teaching them a few effective tactics and skills which are easily mastered and proven effective in violent situations.

There are a number of questions to ask yourself before committing to any classes.

First, you have to decide exactly what circumstances you wish the classes to center on, and what sex and age groups.

Many females prefer to seek out classes which are essentially for women only, and aim to train defenses against the types of attack most commonly experienced by women; and children's classes are aimed in particular to combat bullying of various forms.

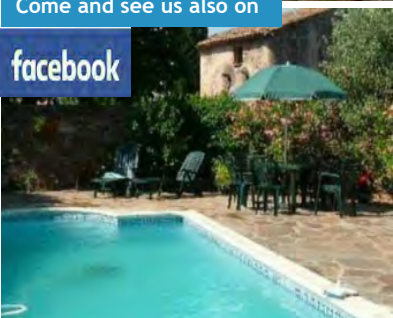
Here is a brief check-list of points to consider when evaluating class:

1. Know your goals. Ask yourself: "What do I realistically want to get out of this training?" It's important to have a clear goal before you begin to start looking for a school. Each school will have their sales pitch centered around why what they have to offer is exactly what you need! Be aware of this!
2. Don't fall for the hype. Unless your answer to point number one was "I want to win tournaments," or "I want to compete in the UFC," don't get dazzled by a school's display of trophies! You need to ask serious questions about the exact type of training offered and just how it fits your needs both physically and by addressing Awareness training.
3. Do your research. Use the internet and local knowledge. A school's webpage is a great place to start, but they are generally only going to tell you what they want you to know. So dig deeper into the bios of the instructors - are they relevant to self-defense training, or



www.soleilenfrance.com
Come and see us also on

facebook



Sensei Vince and Eva are offering family vacations in the South of France in the lovely hilly area of Languedoc

Here one can enjoy peace and quiet around the private pool, enjoy hiking and cycling in the beautiful country-side, yet be only a short drive from the Mediterranean beaches.

Easy reach of Golfing, kayaking, fishing etc., with the bonus (if desired) of private training with the senseis. The large house has easily room for groups of up to nine, self-catering.

This also where instructors and families will stay when attending the September course and seminar in Beziers.

Why not come and join them? Just email for details

**SPEND YOUR HOLIDAY
WITH US IN FRANCE**



Ludwig
Pfefferkorn
and
family had a
great time!



info@kissaki-kai.com

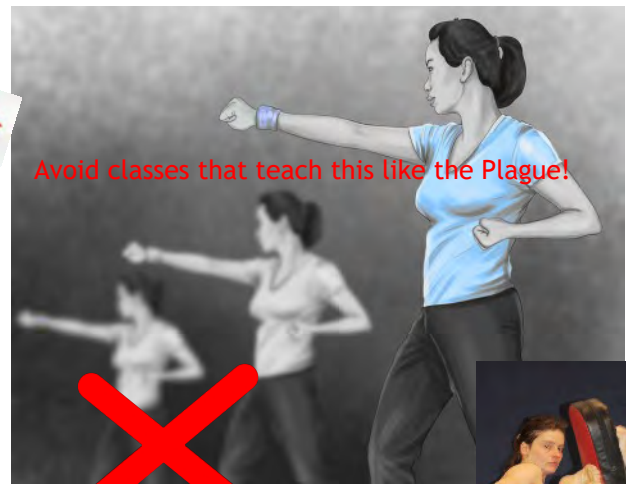
Or keep in touch via the

Face Book page -

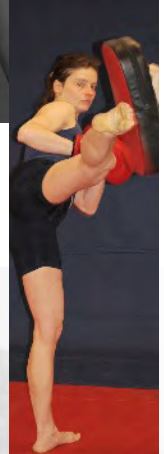
Kissaki Karate International

the necessary striking skills that you will certainly need. Look again at the picture on this page. If you see a class being taught to punch in this way - for any reason - be polite but walk away. There is a good reason than boxers do *NOT* punch like this.

Ask also about static vs. dynamic practice. Static practice is necessary to learn skills. A class, particularly a beginners' class, that doesn't have some static practice is incomplete. Dynamic training is what makes for real-world skills, every class needs to have both static and dynamic training. You will certainly need practice in both hitting pads, and being introduced to the vital (vulnerable) parts of the human body. Be warned, however, do not get duped in psychobabel "Energy" training - *it is BS and just a way to part a mug from his or her money!*



You will certainly need to practice striking and kicking!



The psychological shock of a sudden assault will very possible stun a victim into an inability to act in a positive manner and effectively combat the threat. Check that the school classes offer advice and training in this area to build a mental strength necessary for success. Women and children especially need to be empowered by recognizing the effects of such a confrontation, and by using pads and bag training they will be encouraged to see just what power they are capable of generating!

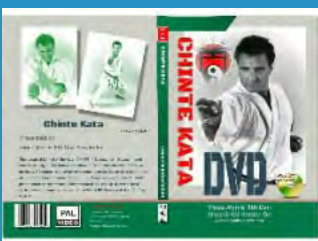
6. Make sure you are looking for the right things! You may be intrigued by the promises to turn you into a fighting macho machine, but is that really what you want, or even need?

Probably not - You need something fairly simple, tested and easy to apply, and not something which is more suited to long-term training commitments.

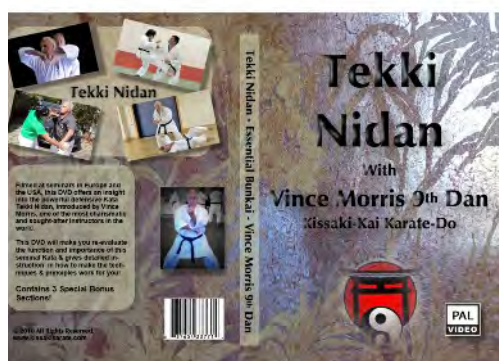
Take time to research what is available, and even try to contact former members of the course to get an unbiased reaction. A good school will be confident enough to encourage this, you may be able to find them by using Social Media too. Good luck with the search.

Check Facebook and www.kissakikarate.com for forthcoming seminars!

Just a few of the Books and DVDs by sensei Vince available on the Website:
www.kissakikarate.com/shop.htm



Special NEW LOWER PRICES and BARGAIN BUNDLES - Check them out! You can also see many Promo videos on the Kissaikai Youtube Site. Also FREE One Minute Dojo episodes on www.kissakiusa.com



This DVD will make you re-evaluate the

Importance of this seminal Kata!

[Make it work for you!](#)

www.kissakikarate.com/shop.

For 4 years Kissaki-Kai has offered an On-line, Distance-learning Website which, for a small sum, gives members monthly downloads of video training in all elements and levels of the basics which comprise the system.

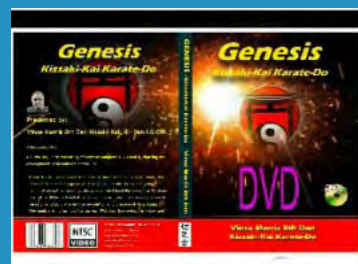
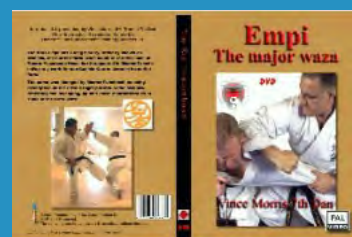
This is invaluable to all who want to master Kissaki-Kai, but who do not live near a Kissaki Dojo!

Why not take a look and see if it could help you?

www.kissaikai.com



See FREE PROMOs of the DVDs on Youtube - Go to KISSAKIKAI and check them out .



SEMINARS

There are many seminars already in the calendar - go to www.kissakikarate.com - to check for one near you, or contact us if you would like information on how to host one in your own Dojo. info@kissaki-kai.com

All around the world, the movement towards rediscovering original defensive combat Karate is growing. This movement was pioneered by Vince Morris sensei beginning back in the 1970s. Today, students and instructors are eager to understand the wealth of effective techniques hidden under the sport karate surface.

Try and attend a seminar if you can, or consider arranging one in your own Dojo. You will not have any large financial requirements, and Kissaki-Kai will help to promote the event.

Contact: info@kissaki-kai.com to discuss the possibility.



Kissaki-Kai
Karate-Do

Vince Morris
TAKING KATA
BACK TO THE
CORE OF
KARATE
14.04.2018
10.30AM - 4PM

Kissaki-Kai leden
€ 30
Niet-Kissaki-Kai leden
€ 40 dag

the rules of combat
bunkai
zelfverdediging
praktische toepassing
realiteit, geen ritueel

Belgium Seminar - April 14th.

Sporthal Nazareth
Drapstraat 76, 9810 Nazareth
guy.janssens@kissakikai.be